

# What's in the Box?

Exercise your Imagination



Played with 2 or more people in almost every environment.

1. The leader of the exercise asks the Question: “What’s in the Box?”
2. The participant responds with the first thing that POPs into their head.
  - (keep it clean if kids are present)
3. The leader then has 2 options:
  - to accept that offer and ask a follow-up question OR
  - to say “Try again.” (this is an affirmative statement and not a negation: “NO”).
4. This sequence repeats any number of times and ends with a final “What’s in the Box?”
  - Run out of questions? Ask about the Box!
5. The exercise concludes with the Answer: all of the details from the follow-up questions.
  - If paper and markers are available: Draw what was in the box!

**\*\*WHAT is *in the box* is not something that is thought up ahead of time, rather, it is co-created by the asker/answerer\*\***

The Secret to Follow-Up Questions: Be Curious. Ask about the size, shape, texture, color, ... Discover more details: who created it, magical power, inscription. Support your partner; limit “Try again” too many times in the beginning. As with everything, this game grows with practice.

Read Dads for Creativity 3 Question Interview with Proponent of Play, Jeff Smithson ([www.dadsforcreativity.com/creativity-and-play](http://www.dadsforcreativity.com/creativity-and-play))